

## Digital Stopwatch ME-STOPWAT

Notice your stopwatch has three buttons – (a) lap/reset, (b) mode, and (c) start/stop. Identify each of these buttons on your stopwatch.

### *Measuring Length of Time*

Some experiments or activities will require you to track how long an experiment or event takes to occur or lasts.

1. If not in the timer mode, press Button B until you change the mode to timer mode. Timer mode is indicated by the Sunday and Saturday flags flashing.
2. If timer mode is *not* set to 0:00, press Button A to reset the stopwatch.
3. Push Button C to at the beginning of the event.
4. Push Button C at the end of the event.
5. The elapsed time will read on the stopwatch in  
**Minutes : Seconds : Hundredths of a Second**  
Record this time where indicated for your experiment or activity.
6. Press Button A to reset the stopwatch. This will return the time on the stopwatch to 0:00.

### *Setting the Time*

You may want to use the stopwatch like a clock. To do so, you will need to set the time in the normal time mode.

1. Press Button B to change the mode to normal time mode. Normal time mode is indicated by the Tuesday flag flashing.
2. Select the flashing digit by pressing Button A.
3. Advance through the numbers to set the time by pressing Button C.

## Digital Stopwatch ME-STOPWAT

### *Setting the Alarm*

You may want to use the stopwatch as an alarm. To do so, you will need to set the time in the alarm time mode.

1. Press Button B to change the mode to alarm time mode. Alarm time mode is indicated by the Monday flag flashing.
2. Select the flashing digit by pressing Button A.
3. Advance through the numbers to set the time by pressing Button C.
4. Press Button B to change the mode to normal time mode. Remember: Normal time mode is indicated by the Tuesday flag blinking.
5. Press and hold Button A. Then, press Button C.

### *Setting the Date*

To set the date, you will need to be in the normal time mode.

1. Press Button B to change the mode to normal time mode. Normal time mode is indicated by the Tuesday flag flashing.
2. When the hour is flashing, press and hold Button A.
3. Change between the month (left) and date (right) values by holding Button C and pushing Button A.
4. Advance through the values by pushing Button A.